

Neighbour to Neighbour

A newsletter of the New Life
Neighbourhood Centre

May & June 2015



"No one is useless in this world who lightens the burdens of another."

— Charles Dickens

HELPING PEOPLE IN NEED

Because of the generosity of our volunteers and donors the Neighbourhood Centre was able to help 727 of our neighbours receive much needed assistance during the months of May and June.



Meal boxes ... 324 individuals benefitted from a meal box. They included 231 adults and 93 children. Each meal box includes fresh fruits and vegetables, canned meat, frozen dinners, canned vegetable, rice, flour, cereal, milk, eggs, bread and other items.

Continental breakfast ... 144 meals were served at the continental breakfast. Continental breakfast includes muffins, bagels, juice, coffee, tea, and fresh fruit.



Pancake breakfast ... provided a pancake breakfast to 259 individuals. Besides pancakes the breakfast may also include, French toasts, hash browns, boiled eggs, milk, cereal, coffee, tea, juice, and fruit salad.

Snacks for schools and shelters ... provided 648 snacks for school children.

EVENTS

The following event took place in the month of May.

New Life Neighbourhood Centre partnered with Durham Region Intimate-relationship Violence Empowerment Network (DRIVEN) to begin providing off-site services via video chat to women who are victims of violence.

DRIVEN is an organization that provides multiple services for women dealing with violence (domestic, relationship, as well as sexual violence). Visit DRIVEN's "[It's Never Okay](#)" link at ontario.ca/b8ry.

As of May 25, 2015 women will be able to access DRIVEN's counseling services over video chat from the NLNC on Mondays between 10:00 a.m. and 1:00 p.m.

COMING SOON

➤ **Annual Community BBQ – August 8**